# Humanity's Polycrisis: A Crisis in Consciousness and a Way Forward

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To grok: To know something profoundly and experientially – intellectually, emotionally and intuitively

### <u>Founders</u>

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"Our consciousness is how we perceive, know and act within the world. So, if we want to change the world, we first better understand and then change our consciousness" – Edgar Mitchell, ScD

## Agenda

- Present who we are
- Review current challenges facing humanity
- Present likely scenarios for continuing the current paradigm
- Present a framework and vision for an alternative future paradigm (the era of homo noeticus)
- Discuss impediments to transition
- Provide tools, information and resources to help in transition

## Interconnected, Interrelated, & Overlapping Challenges



Population growth



Climate change



Environmental destruction & pollution



Nuclear proliferation



**Biotechnology and Pandemics** 



AI and disruptive tech



Global democratic backsliding



**Economic inequalities** 



Information warfare



Cybersecurity threats



**Resource depletion** 



**Disinformation & alternative facts** 

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## The Danger of Exponential Change

Complex situation where the multiple interconnected and interacting crises converge.

The process is chaotic and nonlinear; small changes in initial conditions lead to widely different outcomes



Amplifying effects of complex interactive systems with positive feedback create instability and exponential change.

By the time you get to the bend in the curve, things are about to spiral out of control and there is very little time to react and change course

# The Polycrisis Poses Both Threats and Opportunities

### • Existential Threats

- Humanity faces extreme vulnerability to severe disruptions that could move it back to the preindustrial era or worse
- Time for mitigations is running out
- Ontological opportunities
  - Change from entropy (chaos: disorder/ deterioration/ destruction)
  - Change to syntropy (emergence: harmony / love / equity / flourishing)



Humanity evolved from within nature and exists as a part of her. We are not separate from her. We do not have control over her. If we do not abide by her rules and do not live in balance and harmony with her, she will always have the last word and we will all suffer the consequences.

## Spectrum of Scenarios for Humanity's Future (business as usual)



1. Collapse Avoidance



2. Partial Collapse / Rebound



3. Collapse / Pockets of Survival



4. Total Collapse / Extinction

The longer humanity waits to take serious mitigating actions, the more likely scenarios 3 and 4 become.

Nature will always have the last word on what ultimately happens regardless of the beliefs or opinions of our leaders, politicians or anyone else.

Slow rolling, doing little or nothing increases the risk of severe negative consequences





## Scenario #1 (Business as usual)

### **Collapse Avoidance**

- Humanity will wake up and respond with sufficient urgency and resources
- Some downward spiral in environment and civilization
- Resource wars become more common
- Some suffering and reduction in standard of living
- Some scarcity and high-tech enclaves
- Industrial/ Informational society will continue as before



"... because the needed transformation process will be long, difficult, and messy, we will face many turbulent decades or even centuries before we reach a new, sustainable normal." <u>Life After Doom</u>, Pg. 27

# Greedy and Vested Interests Want to Maintain the Status Quo

Misinformation

• Alternative facts

• Disinformation

• Manipulation / suppression

- "Group think" & obedience
- Repetition

Too much of any of these cause a loss in credibility with all associated institutions





But, they can't bury the truth for long: The truth is like a seed – it is going to grow

## Meaningful & Lasting Change is Hard

### Impediments to Change

- The strength to overcome the inertia and resistance of the status quo
- Overcoming beliefs and emotions
- The information and understanding
- The sense of urgency
- The resources
- The time



## Do we have the collective will to change our ways?

## Proposal - Scenario #5 – Global Mind Change: The Way of Wholeness



Scenario #1 – Collapse Avoidance – Business as usual and gradually <u>doing</u> better (after much suffering).

Scenario #5 – Collapse Avoidance – Transformation and <u>being</u> better – (our evolving potential to homo noeticus).

- Understanding, embodying and applying individually and collectively a shift in consciousness to homo noeticus.
- Recognizing balance and harmony within, the interconnectedness to each other in terms of equality and social justice, to the living Earth in terms of sustainability and regeneration, and to cosmic consciousness (or whatever name you prefer)

# All Meaningful and Permanent Change Begins First Individually, Spreads Locally, Finally Globally

Our consciousness is how we know, experience and act on the external world – so if we want to understand the world (and ourselves), we start with our consciousness.



With our body and our minds



With our consciousness, our spirit and our higher self



With our home and our local ecosystem



With our collective and global environment

"If we could change ourselves, the tendencies in the world would also change. As a person changes his own nature, so does the attitude of the world change towards them" - Mahatma Gandhi

# Evolving to Homo Noeticus

A higher state of being, a state beyond egocentric consciousness, one that is in tune and harmony with the consciousness of all of nature and the cosmos.

Humanity consciously influences its own evolution: biologically, technologically, socially, ethically and spiritually.



Governments and institutions enact and follow regulations and policies that promote sustainable practices and that encourage collaboration, equality and social justice for all.



A sustainable environment, in harmony with all of nature, is created that makes maximum use of renewable resources, green technologies such as solar, wind and similar technologies.

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A circular (green) economy is established based on reuse, recycling and reducing waste as well as one supporting social equity, and well-being of all.



Humanity adopts self-reflection and introspection to provide the means to understand itself both within its place on the Earth and in the Universe. It recognizes that humanity is a part of nature & encourages the harmonization & balance with it.

# **Biological Imperative**

"When creatures have the capacity to change but there's little encouragement to do so, they remain mostly the same from one generation to the next. But when the pressure to adapt increases, the pace of evolution increases in response. Over long timescales, a pattern emerges, long stretches of sameness punctuated by periods of rapid change."



"All great changes are preceded by chaos." Deepak Chopra

## Moving from Ignorance to Wisdom



External facts, logic and reason will not change one's internal assumptions, beliefs and understandings. *Change comes from self-recognition* that one's assumptions, beliefs and understandings are no longer valid.

# Local / Global Mind Change

Conscious evolution from Ignorance to Wisdom

- Self education & personal growth
  - Assess beliefs & emotions
  - Get informed & educated
  - Deepen compassion & empathy
  - Develop critical thinking, introspection, self-reflection
- Conscious (Sacred) activism
  - Promote awareness & understanding
  - Set examples ("be the change")
  - Educate / inform / guide others
  - Contribute ideas and resources
  - Initiate and provide local support
  - Advocate for education & training
  - Network & cultivate both individual & group initiatives
- Collaboration and dialogue (Building Trust)
  - Theory U
  - World Café
  - Deep Canvassing
  - Street Epistemology
  - Motivational interviewing

"The way to change someone's mind is through the heart."



"Let him that would move the world first move himself." <u>Socrates</u>

# **Conscious Evolution via Sacred Activism**

The integration of deep spiritual wisdom, compassion, and inner transformation with focused, courageous, and wise action in the world.

- Combining of spirituality and action
- Acting from a place of compassion, courage, and love
- fusion of compassion, empathy and action
- Fusion of inner and outer transformation
- Holistic approach

To become a sacred activist

- Commit to service
- Align actions with values
- Seek inner guidance
- Engage in wise, radical action



## Support and Join the Cause

- Support sympathetic media: websites, YouTube and social media channels
- Contribute content: articles, videos, blogs, social media
- Vote with your choices, your wallet and your ballots
- Practice the presence empathy, mindfulness, insight, meditation, etc.
- Get educated on the tools, issues & solutions
- Educate, promote and spread the word
- Connect with like-minded, like-hearted others.
- Contribute resources; get involved.









### Future generations are depending on us.

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### A portal for information and tools about conscious evolution of wholeness

**Mission:** to promote individual and collective well-being and transformation through information, inspiration, and practical skills that advance our inherent human potential. By doing so, we help catalyze a sustainable future for all planetary citizens.

**Vision:** a world that enhances well-being and reduces suffering for individuals, society at large, and all living creatures with whom we share the planet.

#### The Future of Humanity: Homo Noeticus - the challenge and the opportunity

All meaningful and lasting change starts locally, then spreads globally. The challenge is to evolve in our body, mind, spirit and in our collective consciousness. The opportunity is to build a world which we all intuitively know we want to live in.